



1. Open the **Camera app** on your phone.





2. Swipe right to select **video**.



3. Turn your phone **horizontally** for a wider angle.





4. Press the **record** button. (White circle with red dot)





5. Record your message for up to **10 seconds**. (Time shown on screen)





6. Press the **record** button again to stop recording.







7. Go to your web browser.(Google Chrome for most Android users, Safari for more iPhone users)





8. Type in www.heritage1886.org/support-videos.





9. Type in your **name, email, phone**, and if you would like to add a comment in the appropriate fields.



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	Heritage Communities
	Ives Hill Retirement Community
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	Vinecroft Retirement Community
	Upload your photo or video file here (max size 64MB) *
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10. Check the box of the **Community Location** you would like to send your video to.



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11. Select Choose File.





12. Select Files.





13. Select the video file you want to use.





14. Select Submit.