



It's okay to ask for help.

We encourage you to reach out for help, especially during this time. Check out our Employee Assistance benefit, reach out to our chaplains, human resources, supervisory staff, co-workers, or a counselor or doctor if you find that you need a little extra help during this season.

EMPLOYEE ASSISTANCE PROGRAM

Email: eapcounselor@ibhcorp.com
1-800-386-7055 (available 24/7)
Website: ibhworklife.com
(User name: Matters, Password: wlm70101)
Download IBH Guardian app

MENTAL HEALTH RESOURCES

Mental Health Treatment Facility Locator

Provides U.S. government information and resources on mental health.

Toll-Free: 1-800-789-2647 (English and Española)
TDD: 1-866-889-2647
Website: MentalHealth.gov

Substance Abuse Treatment Facility Locator

Toll-Free: 1-800-662-HELP (1-800-662-4357)
(24/7 English and Española)
TDD: 1-800-487-4889
Website: findtreatment.samhsa.gov

Disaster Distress Helpline

Toll-Free: 1-800-985-5990
Text: "TalkWithUs" to 66746
Website: disasterdistress.samhsa.gov

National Suicide Prevention Lifeline

Toll-Free: 1-800-273-TALK (1-800-273-8255)
TTY: 1-800-799-4TTY (1-800-799-4889)
Website: samhsa.gov

National Domestic Violence Hotline

Toll-Free: 1-800-799-SAFE (1-800-799-7233)
TTY: 1-800-787-3224

HERITAGE CHAPLAINS

Heritage

Chaplain Larry Petry, Senior Chaplain
LPetry@Heritage1886.org
(716) 490-5480

Chaplain Dan Bender
DBender@heritage1886.org
Office: (716) 338-0121
Cell: (716) 785-9195

Chaplain Jerry Haglund
GHaglund@heritage1886.org
(716) 499-5699

Rolling Fields/Heritage Orchard Grove

Chaplain Kathy Petteys
KPetteys@heritage1886.org
(585) 205-6817

Hearthstone

Chaplain Randy Waller
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Office: (815) 321-4027
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The Kenney

Chaplain Bill Hopkins
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