
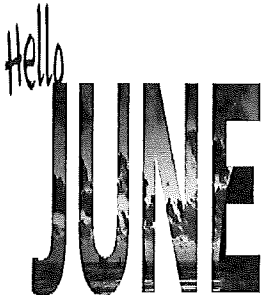
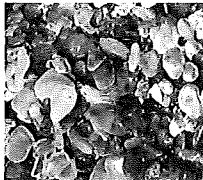



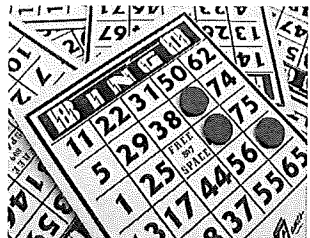



| | Mon | Tue | Wed | Thu | Fri | Sat |
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| <p>Bergquist Calendar and Activities June 2021</p>  |  | <p>1 1:30-Nails-2nd floor 1:45-Hallway Worship -1st floor 2:45-Nails-1st floor 2:45-Hallway worship 2nd floor 6:30-5 second rule- 2nd floor</p> | <p>2 10– Posey Time– Garden 2-Let keep it going with Heritage Therapy-DR 3:30- Walks with Maya 7-Movie 1st & 2nd floor</p> | <p>3 1:30– Color your World-DR 4-Chair Exercise-2nd floor 6:30-Chair Exercise- 1st floor</p> | <p>4 10-Hangman-DR 1:30– Cover the Number- Dining Room 3:30– Walks in the in Gardens</p> | <p>5 10:30- Coffee and conversation –Dining room</p> |
| <p>6 Keep moving-hallway walking Pedaling in the lounge 7-Movie on 1st & 2nd floor lounge</p> | <p>7 10--Chair-Yoga 2nd floor 1:30– Arm Chair Travel-1st floor 3:00-Walks in the Gardens</p> | <p>8 1:45-Hallway worship with-1st floor 2:45-Hallway worship with Chaplain-2nd floor 3-Walks with Maya 6:30– 5 second rule – 1st floor</p> | <p>9 Home Committee 9:30-Home Committee -Dining Room with coffee and sweets 11-Chair Yoga 2nd floor 1:30-Rock Craft-DR 7-Movie 1st & 2nd floor</p> | <p>10 1:30-Beach Glass Craft-DR 6:30-Hallway fun– Cup Launcher game- 2nd floor</p>  | <p>11 10-Hallway fun– Cup Launcher game-1st floor 1:30–Bingo-DR 3:30-Walks in the Garden</p> | <p>12 10:30 Coffee and conversation-Dining Room</p> |
| <p>13 Keep moving-hallway walking Pedaling in the lounge 7-Movie on 1st & 2nd floor lounge</p> | <p>14 Flag Day 10-Chair Exercise-1st floor 11– Chair Exercise- 2nd floor 1:30-Flag Day Social- Dining Room 3:30-Walks in the gardens</p> | <p>15 1:30-Nails-2nd floor 1:45-Hallway Worship -1st floor 2:45-Nails-1st floor 2:45-Hallway worship 2nd floor 6:30-Yahtzee -2nd floor</p> | <p>16 National Fudge Day 10-Coffee Hour-DR 1:30-Fudge Social-DR 3:30-Walks with Maya 7-Movie 1st & 2nd floor</p>  | <p>17 National Veggie Day 1:30– Veggie Social- DR 3:30-Walks with Maya 6:30–Trivia Night-2nd floor</p>  | <p>18 10-Yahtzee-2nd floor-2nd floor 1:30– Father’s Day Social-DR 3:30– Walks in the Garden</p> | <p>19 10:30 Coffee and conversation-DR</p> |
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| <p>20 Father's Day</p>  | <p>21 1:30– Bingo-with Jess Dining Room</p>  | <p>22 1:45-Hallway worship with Chaplain-1st 2:45-Hallway worship with Chaplain-2nd</p> | <p>23 10-Coffee Hour with Nancy- DR 7-Movie 1st & 2nd floor</p> | <p>24 10-Hallway sing-along-1st floor 11-Hallway Sing-along 2nd floor 1:30-Strawbery Dole Whip-DR</p> | <p>25 9:30– Donut Day– Donuts in the Dining Room!!</p>  | <p>26 10:30-Coffee and conversation-DR</p> |
| <p>27 Keep moving-hallway walking Pedaling in the lounge 7-Movie on 1st & 2nd floor lounge</p> | <p>28 2-Movie –1st & 2nd floor</p> | <p>29 1:45-Hallway worship with Chaplain-1st floor 1:30 –Posey Time–2nd floor-Gardens 2:45-Hallway worship with Chaplain-2nd floor 2:45-Posey Time 1stt floor –Gardens 6:30-Hangman-1st floor</p> | <p>30 10– Reminise-1st floor 1:30-Jello Shaved Ice-DR 3:30-Walk in the Gardens 7-Movie 1st & 2nd floor</p> | | | |
| | | | <p>Heritage Ministries does not discriminate against any person be- cause of his or her race, creed, color, disability, national origin, sexual orienta- tion sex, or religious beliefs</p> | <p>Location Key 1– 1st Floor 2-2nd Floor L– both lounges CK-Country Kitchen GV– Grapevine S–Seeley Auditorium K-Kresge Hall XA– Exercise Room</p> | <p>DR-Dining room GS– Gift Shop LB-Library TR– Train room S1-Schwab 1st floor C1-Centennial Lounge HS-Homestead Stable BG-Bergquist Gardens</p> | <p>Activities are done by staff on duty or Volunteers Contact Carrie Johnstone 985-6866</p> |