








# January 2022

## Activities and Events Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>All Activities and times are subject to change according to residents preferences and COVID guidelines</p>						<p>1</p> <p>Unit Visits</p> <p>Want Not Cart</p>
<p>2</p> <p>Unit Visits</p> <p>Church Services</p>	<p>3 AM: Exercise</p> <p>2:00 Catholic Mass</p> <p>PM: Trivia</p> <p>Evening: Finish the Phrase</p>	<p>4</p> <p>AM: Unit Visits</p> <p>PM: Baking Demo</p> <p>Evening: Hangman</p>	<p>5</p> <p>10:00 1st Floor Bible Study</p> <p>10:35 3rd Floor Bible Study</p> <p>PM: Bingo</p>	<p>6</p> <p>AM: Exercise</p> <p>PM: Group games</p> <p>Evening: Paper Hopscotch</p>	<p>7</p> <p>AM: Exercise</p> <p>PM: Movie</p> <p>Evening: Name 10</p>	<p>8</p> <p>Unit Visits</p> <p>Want Not Cart</p>
<p>9</p> <p>Unit Visits</p> <p>Church Services</p>	<p>10</p> <p>AM: Exercise</p> <p>PM: Word Games</p> <p>Evening: Trivia</p>	<p>11</p> <p>AM: Unit Visits</p> <p>PM: Bingo</p> <p>Evening: Residents Choice</p>	<p>12</p> <p>10:00 1st Floor Bible Study</p> <p>10:35 3rd Floor Bible Study</p> <p>2:00 Resident Council</p> <p>Evening: Jingo</p>	<p>13</p> <p>AM: Exercise</p> <p>PM: Craft</p> <p>Evening: Word in a Word</p>	<p>14</p> <p>AM: Exercise</p> <p>PM: Movie</p> <p>Evening: Jeopardy</p>	<p>15</p> <p>Unit Visits</p> <p>Want Not Cart</p> 
<p>16</p>  <p>Unit Visits</p> <p>Church Services</p>	<p>17</p> <p>AM: Exercise</p> <p>PM: Trivia</p> <p>Evening: Resident's Choice</p>	<p>18</p> <p>AM: Craft</p> <p>Pizza Luncheon</p> <p>PM: Unit Visits</p> <p>Evening: Reminiscing</p>	<p>19</p> <p>10:00 1st Floor Bible Study</p> <p>10:35 3rd Floor Bible Study</p> <p>PM: Bingo</p> <p>Evening: Crafts</p> 	<p>20</p> <p>AM: Exercise</p> <p>PM: Group games</p> <p>Evening: Heritage Squares</p>	<p>21</p> <p>AM: Exercise</p> <p>PM: Movie</p> <p>Evening: Jingo</p>	<p>22</p> <p>Unit Visits</p> <p>Want Not Cart</p>
<p>23</p> <p>Unit Visits</p> <p>Church Services</p>	<p>24</p> <p>AM: Exercise</p> <p>PM: Word Games</p> <p>Evening: Vintage Records</p>	<p>25</p> <p>AM: Unit Visits</p> <p>PM: Bingo</p> <p>Evening: Group Games</p>	<p>26</p> <p>10:00 1st Floor Bible Study</p> <p>10:35 3rd Floor Bible Study</p> <p>PM: Group Games</p> <p>Evening: Bible Tic Tac Toe</p>	<p>27 AM: Exercise</p> <p>Pizza Luncheon</p> <p>PM: Unit Visits</p> <p>Evening: Resident's Choice</p>	<p>28</p> <p>AM: Exercise</p> <p>PM: Movie</p> <p>Evening: Crafts</p>	<p>29</p> <p>Unit Visits</p> <p>Want Not Cart</p>
<p>30</p> <p>Unit Visits</p> <p>Church Services</p>	<p>31</p> <p>AM: Exercise</p> <p>PM: Trivia</p> <p>Evening: Name that Memory</p>					







# Heritage

## The Park



# January 2022 Connections Activities and Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Daily</i> 9:30 Morning Wake up 11:00 Snack & Trivia 11:30 Table Top 3:00 Music & Coloring	<i>Winding Down Daily</i> 4:00 <b>Coffee &amp; Music</b> 4:30 Moving & Grooving 8:15 Night-Time Calm Music	<i>All Activities are Subject to Change According to resident preferences and COVID guidelines.</i>				1 10:00 Word Games 2:00 Craft 5:00 Table Top Games 7:00 Fun Facts
2 10:00 Table Top 2:00 Football-Manicures 5:00 Bowling 7:00 Sensory	3 10:00 Bingo 2:00 Color to Music 5:00 Word Game 7:00 Coffee Hour	4 10:00 Word Game 2:00 Play Checkers 5:00 Table Top Games 7:00 Social Hour	5 10:00 Dice Game 2:00 Cards- Music 5:00 Shuffle Board 7:00 Movie	6 10:00 Football Toss 2:00 Trivia 5:00 Dice Game 7:00 Sensory	7 10:00 Manicure 2:00 Movie 5:00 Bingo 7:00 Story Hour	8 10:00 Word Games 2:00 Craft 5:00 Table Top Games 7:00 Fun Facts
9 10:00 Table Top 2:00 Football-Manicures 5:00 Bowling 7:00 Reminiscing/Coffee Hour	10 10:00 Bingo 2:00 Color to Music 5:00 Word Game 7:00 Coffee Hour	11 10:00 Craft 2:00 Puzzles 5:00 Table Top Games 7:00 Social Hour	12 10:00 Dice Game 2:00 Cards- Music 5:00 Shuffle Board 7:00 Movie	13 10:00 Bowling 2:00 Trivia 5:00 Dice Game 7:00 Sensory	14 10:00 Manicure 2:00 Movie 5:00 Bingo 7:00 Story Hour	15 10:00 Word Games  2:00 Craft 5:00 Table Top Games 7:00 Fun Facts
16 10:00 Table Top  2:00 Football-Manicures 5:00 Bowling 7:00 Would You Rather	17 10:00 Bingo 2:00 Color to Music 5:00 Word Game 7:00 Coffee Hour	18 10:00 Word Game 2:00 Puzzles 5:00 Table Top Games 7:00 Social Hour	19 10:00 Dice Game 2:00 Cards- Music 5:00 Shuffle Board 7:00 Movie 	20 10:00 Bowling 2:00 Trivia 5:00 Dice Game 7:00 Sensory	21 10:00 Manicure 2:00 Movie 5:00 Bingo 7:00 Story Hour	22 10:00 Word Games 2:00 Craft 5:00 Table Top Games 7:00 Fun Facts
23 10:00 Table Top 2:00 Football-Manicures 5:00 Bowling 7:00 Sensory	24 10:00 Bingo 2:00 Color to Music 5:00 Word Game 7:00 Coffee Hour	25 10:00 Word Game 2:00 Kickball 5:00 Table Top Games 7:00 Social Hour	26 10:00 Dice Game 2:00 Cards- Music 5:00 Shuffle Board 7:00 Movie	27 10:00 Bowling 2:00 Noodle Ball 5:00 Dice Game 7:00 Sensory	28 10:00 Manicure 2:00 Movie 5:00 Bingo 7:00 Story Hour	29 10:00 Word Games 2:00 Craft 5:00 Table Top Games 7:00 Fun Facts
30 10:00 Table Top 2:00 Football-Manicures 5:00 Bowling 7:00 Puzzles	31 10:00 Bingo 2:00 Color to Music 5:00 Word Game 7:00 Coffee Hour		