•NOTICE OF SPECIAL ENROLLMENT RIGHTS

•This notice is being provided to help you understand your right to apply for group health coverage. You should read this notice even if you plan to waive health coverage at this time.

•Loss OF OTHER COVERAGE

•If you are declining coverage for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this Plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within 30 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

•MARRIAGE, BIRTH OR ADOPTION If you

have a new dependent as a result of a marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth, or placement for adoption.

•MEDICAID OR CHIP

- •If you or your dependents lose eligibility for coverage under Medicaid or the Children's Health Insurance Program (CHIP) or become eligible for a premium assistance subsidy under Medicaid or CHIP, you may be able to enroll yourself and your dependents. You must request enrollment within 60 days of the loss of Medicaid or CHIP coverage or the determination of eligibility for a premium assistance subsidy.
- •To request special enrollment or obtain more information, please contact Human Resources at Heritage Ministries.

•NEWBORNS' AND MOTHERS' HEALTH PROTECTION ACT

•Group health plans and health insurance issuers generally may not, under federal law restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother of her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under federal law, require that a provider obtain authorization from the plan or issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours if applicable).

•GENETIC INFORMATION NONDISCRIMINATION ACT (GINA)

- •The Genetic Information
- •Nondiscrimination Act of 2008 protects employees against discrimination based on their genetic information. Unless otherwise permitted, your employer may not request or require any genetic information from you or your family members.
- •GINA prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law.
- •To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. "Genetic Information" as defined by GINA, includes an individual's family medical history, the results of genetic tests, the fact that a member sought or received genetic services, and genetic information of a fetus carried by a member or an embryo lawfully held by a member receive assistive reproductive services.

•MENTAL HEALTH PARITY AND ADDICTION ACT

•The Mental Health Parity and Addiction Act of 2008 general requires group health plans and health insurance issuers to ensure that financial requirements (such as co-pays and deductibles) and treatment limitations (such as annual visit limits) applicable to mental health or substance use disorder benefits are no more •restrictive than the predominant requirements or limitations applied to substantially all medical/surgical benefits. For more Information regarding the criteria for medical necessity •determinations made under your employers plan with respect to mental health or substance use disorder benefits, please contact your plan administrator.

•WOMEN'S HEALTH AND CANCER RIGHTS ACT

- •If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). The Women's Health and Cancer Rights Act requires group health plans and their insurance companies and HMOs to provide certain benefits for mastectomy patients who elect breast reconstruction. For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:
- •All stages of reconstruction of the breast on which the mastectomy was performed; Surgery and reconstruction of the other breast to produce a symmetrical •appearance; Prostheses; and •Treatment of physical complications of
- the mastectomy, including lymphedema. Breast reconstruction benefits are subject to deductibles and co-insurance •limitations that are consistent with those establishes for other benefits under the plan. If you would like more information on WHCRA benefits, contact your plan administrator.



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•MICHELLE'S LAW

•When a dependent child loses student status for purposes of the group health plan coverage as a result of a medically necessary leave of absence from a post-secondary educational institution, the group health plan will continue to provide coverage during the leave of absence for up to one year, or until coverage would otherwise terminate under the group health plan, whichever is earlier. For additional information, contact your plan administrator.

PATIENT PROTECTIONS

- •Heritage Ministries generally allows the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact the plan administrator.
- •For children, you may designate a pediatrician as the primary care provider.
- •You do not need prior authorization from Nova Healthcare or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact the plan administrator.

•CERTIFICATE OF CREDITABLE COVERAGE

- •You can request a certificate of creditable coverage, free of charge, from your group health plan or health insurance issuer when you lose coverage under the plan, when you become entitled to COBRA, when COBRA coverage ceases, if you request it before you lose coverage, or if you request it up to 24 months after losing coverage.
- •If you are joining a <u>grandfathered</u> health plan, you may be subject to pre-existing condition exclusion for 12 months (18 months for late enrollees) after your enrollment date (if you are age 19 or older) without evidence of creditable coverage from your prior plan.

•UNIFORMED SERVICES EMPLOYMENT AND RE-EMPLOYMENT RIGHTS ACT OF 1994 (USERRA)

•The Uniformed and Services Employment and Re-Employment rights Act of 1994 (USERRA) sets requirements for continuation of health coverage and re-employment in regard to an Employee's military leave of absence. These requirements apply to medical and dental coverage for you and your Dependents. They do not apply to any Life, Short Term or Long Term Disability or Accidental Death & Dismemberment coverage you may have. A full explanation of USERRA and your rights is beyond the scope of this document. If you want to know more, please see the Summary Plan Description (SPD) for any of our group insurance coverage or go to this site: http:// www.dol.gov/vets/programs/userra/ main.htm

•An alternative source is VETS. You can contact them at 1-866-4-USA-DOL or visit this site: http;//www.dol.gov/vets
•An interactive online USERRA Advisor can be viewed at http://www.dol.gov/elaws/userra.htm

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Premium Assistance Under Medicaid and the Children's HealthInsurance Program (CHIP)

- •If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.
- •If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.
- •If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.
- •If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employ-er plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assis-tance. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

ALABAMA – Medicaid	COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)
Website: http://myalhipp.com/	Health First Colorado Website: https://www.healthfirstcolorado.com/
Phone: 1-855-692-5447	Health First Colorado Member Contact Center:
	1-800-221-3943/ State Relay 711
	CHP+: https://www.colorado.gov/pacific/hcpf/child-health-plan-plus
	CHP+ Customer Service: 1-800-359-1991/ State Relay 711
	Health Insurance Buy-In Program (HIBI):https://www.colorado.gov/
	pacific/hcpf/health-insurance-buy-program
	HIBI Customer Service: 1-855-692-6442
ALASKA – Medicaid	FLORIDA – Medicaid
The AK Health Insurance Premium Payment Program	Website: https://www.flmedicaidtplrecovery.com/
Website: http://myakhipp.com/	flmedicaidtplrecovery.com/hipp/index.html
Phone: 1-866-251-4861	Phone: 1-877-357-3268
Email: Customer Service @ My AKHIPP.com	
Medicaid Eligibility: http://dhss.alaska.gov/dpa/Pages/	
medicaid/default.aspx	<u> </u>
ARKANSAS – Medicaid	GEORGIA – Medicaid
Website: http://myarhipp.com/	Website: https://medicaid.georgia.gov/health-insurance-premium-
Phone: 1-855-MyARHIPP (855-692-7447)	payment-program-hipp
	Phone: 678-564-1162 ext 2131
CALIFORNIA – Medicaid	INDIANA – Medicaid
Website: https://www.dhcs.ca.gov/services/Pages/	Healthy Indiana Plan for low-income adults 19-64
TPLRD CAU cont.aspx	Website: http://www.in.gov/fssa/hip/
Phone: 916-440-5676	Phone: 1-877-438-4479
	All other Medicaid
	Website: https://www.in.gov/medicaid/
	Phone 1-800-457-4584

IOWA – Medicaid and CHIP (Hawki)	MONTANA – Medicaid
Medicaid Website:	Website: http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP
https://dhs.iowa.gov/ime/members	Phone: 1-800-694-3084
Medicaid Phone: 1-800-338-8366	
Hawki Website:	
http://dhs.iowa.gov/Hawki	
Hawki Phone: 1-800-257-8563	
VANIGAG - N	NEDDACKA AS II 11
KANSAS – Medicaid	NEBRASKA – Medicaid
Website: http://www.kdheks.gov/hcf/default.htm	Website: http://www.ACCESSNebraska.ne.gov
Phone: 1-800-792-4884	Phone: 1-855-632-7633
	Lincoln: 402-473-7000
	Omaha: 402-595-1178
KENTUCKY – Medicaid	NEVADA – Medicaid
Kentucky Integrated Health Insurance Premium Payment	Medicaid Website: http://dhcfp.nv.gov
Pro- gram (KI-HIPP) Website:	Medicaid Phone: 1-800-992-0900
https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx	
Phone: 1-855-459-6328	
Email: KIHIPP.PROGRAM@ky.gov	
KCHIP Website: https://kidshealth.ky.gov/Pages/index.aspx]
Phone: 1-877-524-4718]
Kentucky Medicaid Website: https://chfs.ky.gov	
LOUIGIANIA BAL-IIII	NIEWALIA NADCHIDE - NA - Alii-d
LOUISIANA – Medicaid	NEW HAMPSHIRE – Medicaid
Website: www.medicaid.la.govorwww.ldh.la.gov/lahipp	Website:https://www.dhhs.nh.gov/oii/hipp.htm Phone: 603-271-5218
Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-	Toll free number for the HIPP program: 1-800-852-3345, ext 5218
5488 (LaHIPP)	Toll free Hulliber for the filtr program. 1-800-832-3343, ext 3218
MAINE – Medicaid	NEW JERSEY – Medicaid and CHIP
Enrollment Website: https://www.maine.gov/dhhs/ofi/	Medicaid Website:
applications-forms	http://www.state.nj.us/humanservices/
Phone: 1-800-442-6003	dmahs/clients/medicaid/
TTY: Maine relay 711	Medicaid Phone: 609-631-2392
Private Health Insurance Premium Webpage:	CHIP Website: http://www.njfamilycare.org/index.html
https://www.maine.gov/dhhs/ofi/applications-forms	CHIP Phone: 1-800-701-0710
Phone: -800-977-6740.	
TTY: Maine relay 711	
MASSACHUSETTS – Medicaid and CHIP	NEW YORK – Medicaid
Website:http://www.mass.gov/eohhs/gov/departments/	Website:https://www.health.ny.gov/health_care/medicaid/
masshealth/	Phone: 1-800-541-2831
Phone: 1-800-862-4840	1
MINNESOTA – Medicaid	NORTH CAROLINA – Medicaid
Website:	Website:https://medicaid.ncdhhs.gov/
https://mn.gov/dhs/people-we-serve/children-and-families/	Phone: 919-855-4100
health-care/health-care-programs/programs-and-services/other-	
<u>insurance.jsp</u>	
Phone: 1-800-657-3739	
OKLAHOMA – Medicaid and CHIP	UTAH – Medicaid and CHIP
Website:http://www.insureoklahoma.org	Medicaid Website:https://medicaid.utah.gov/
Phone: 1-888-365-3742	CHIP Website:http://health.utah.gov/chip
	Phone: 1-877-543-7669



OREGON – Medicaid	VERMONT- Medicaid
Website: http://healthcare.oregon.gov/Pages/index.aspx	Website: http://www.greenmountaincare.org/
http://www.oregonhealthcare.gov/index-es.html	Phone: 1-800-250-8427
Phone: 1-800-699-9075	
PENNSYLVANIA – Medicaid	VIRGINIA – Medicaid and CHIP
Website: https://www.dhs.pa.gov/providers/Providers/Pages/	Website: https://www.coverva.org/hipp/
Medical/HIPP-Program.aspx	Medicaid Phone: 1-800-432-5924
Phone: 1-800-692-7462	CHIP Phone: 1-855-242-8282
RHODE ISLAND – Medicaid and CHIP	WASHINGTON – Medicaid
Website: http://www.eohhs.ri.gov/	Website: https://www.hca.wa.gov/
Phone: 1-855-697-4347, or 401-462-0311 (Direct RIte Share Line)	Phone: 1-800-562-3022
SOUTH CAROLINA – Medicaid	WEST VIRGINIA – Medicaid
Website: <u>https://www.scdhhs.gov</u>	Website: http://mywvhipp.com/
Phone: 1-888-549-0820	Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)
SOUTH DAKOTA - Medicaid	WISCONSIN – Medicaid and CHIP
Website: http://dss.sd.gov	Website:
Phone: 1-888-828-0059	https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm
	Phone: 1-800-362-3002
TEXAS – Medicaid	WYOMING – Medicaid
Website: http://gethipptexas.com/	Website: https://health.wyo.gov/healthcarefin/medicaid/programs-
Phone: 1-800-440-0493	and-eligibility/
	Phone: 1-800-251-1269

- •To see if any other states have added a premium assistance program since July 31, 2020, or for more information on special enrollment rights, contact either:
 - •U.S. Department of Labor U.S. Department of Health and Human Services
 - Employee Benefits Security Administration Centers for Medicare & Medicaid Services
 - •www.dol.gov/agencies/ebsawww.cms.hhs.gov
 - •1-866-444-EBSA (3272) 1-877-267-2323, Menu Option 4, Ext. 61565

Paperwork Reduction Act Statement

- •According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.
- •The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email ebsa.opr@dol.govand reference the OMB Control Number 1210-0137.

•OMB Control Number 1210-0137 (expires 1/31/2023)

