



Welcome to Workplace benefits

Everyone deserves a Guardian

Every day, Guardian gives 26 million Americans the security they deserve through our insurance and wealth management products and services.

We've partnered with your organization to offer you a range of employee benefits. Inside this pack, you'll find the plans your employer thinks you might benefit from.

Know your benefits

Your benefits support your physical and financial wellbeing, to help keep you and your loved ones protected.

With Guardian, you're in good hands. We've been delivering on our promises for over 150 years, and we're looking forward to doing the same for you too.

1 Read through this information.

2 Find out more about your benefits.

3 Talk to your employer if you need help or have any questions.

Your coverage options

**Dental insurance**

Taking care of teeth and overall health

**Life insurance**

Protecting your family's financial future

**Disability insurance**

Coverage if you're temporarily unable to work

**Specified disease insurance**

Taking care of the expenses if you're critically ill

**Accident insurance**

Helping you cover expenses after an accident

**Hospital indemnity insurance**

Covering some of your hospital stay costs

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Dental insurance

Taking care of your teeth is about more than just covering cavities and cleanings. It also means accounting for more expensive dental work, and your overall health.

With dental insurance, routine preventive care can lead to better overall health. And you'll be able to save money if any extensive dental work is required.

Who is it for?

Everyone should have access to great dental coverage, which is why we offer comprehensive plans that are available through employers as part of your benefit offerings.

What does it cover?

Dental insurance helps to protect your overall oral care. That includes services like preventive cleanings, x-rays, restorative services like fillings, and other more serious forms of oral surgery if you ever need them.

Why should I consider it?

Poor oral health isn't just aesthetic, it's also been linked to conditions including diabetes, heart disease, and strokes. So, while brushing and flossing every day can help keep your teeth clean, nothing should replace regular visits to the dentist.



Staying healthy

Joe visits his dentist for a routine dental cleaning, to take care of his teeth as well as his overall health.

Oral health is about more than just teeth and gums. It's also essential for a range of other health and wellbeing reasons:

Cardiovascular disease: Some research suggests that heart disease, clogged arteries, and strokes may be linked to inflammation and infections from oral bacteria.

Osteoporosis: Weak and brittle bones may be linked to tooth loss.

Diabetes: Research shows that people with gum disease find it more difficult to control their blood sugar levels.

Alzheimer's disease: Worsening oral health is seen as Alzheimer's disease progresses.

All information contained here is from the Mayo Clinic, Oral Health: A Window to Your Overall Health, www.mayoclinic.com. 2021.

You will receive these benefits if you meet the conditions listed in the policy.



Your dental coverage

Option 1 or 2: BASE PLAN or BUYUP PLAN plan, you can visit any dentist; but you pay less out-of-pocket when you choose a PPO dentist. Out-of-network benefits are limited to our PPO fee schedule.

Your Dental Plan	Option 1: BASE PLAN		Option 2: BUYUP PLAN	
Your Network is	DentalGuard Preferred		DentalGuard Preferred	
Your Semi-monthly premium	\$11.11		\$14.75	
You and 1 dependent (Spouse or Child)	\$23.22		\$30.84	
You, Spouse and Child(ren)	\$28.27		\$37.54	
Calendar year deductible	<i>In-Network</i>	<i>Out-of-Network</i>	<i>In-Network</i>	<i>Out-of-Network</i>
Individual	\$50	\$50	\$50	\$50
Family limit	3 per family		3 per family	
Waived for	Preventive	Preventive	Preventive	Preventive
Charges covered for you (co-insurance)	<i>In-Network</i>	<i>Out-of-Network</i>	<i>In-Network</i>	<i>Out-of-Network</i>
Preventive Care	100%	100%	100%	100%
Basic Care	75%	75%	100%	100%
Major Care	0%	0%	50%	50%
Orthodontia	Not Covered (applies to all levels)		50%	50%
Annual Maximum Benefit	\$1000		\$2000	
Maximum Rollover	No		Yes	
Rollover Threshold			\$800	
Rollover Amount			\$400	
Rollover In-network Amount			\$600	
Rollover Account Limit			\$1500	
Lifetime Orthodontia Maximum	Not Applicable		\$1500	
Dependent Age Limits	26		26	



Your dental coverage

A Sample of Services Covered by Your Plan:

		Option 1: BASE PLAN		Option 2: BUYUP PLAN	
		<i>Plan pays (on average)</i>		<i>Plan pays (on average)</i>	
		<i>In-network</i>	<i>Out-of-network</i>	<i>In-network</i>	<i>Out-of-network</i>
Preventive Care	Cleaning (prophylaxis)	100%	100%	100%	100%
	Frequency:	Once Every 6 Months		Once Every 6 Months	
	Fluoride Treatments	100%	100%	100%	100%
	Limits:	Under Age 14		Under Age 14	
	Oral Exams	100%	100%	100%	100%
	Periodontal Maintenance	100%	100%	100%	100%
	Frequency:	Once Every 6 Months		Once Every 6 Months	
	Sealants (per tooth)	100%	100%	100%	100%
	X-rays	100%	100%	100%	100%
Basic Care	Anesthesia*	75%	75%	100%	100%
	Fillings‡	75%	75%	100%	100%
	Perio Surgery	75%	75%	100%	100%
	Root Canal	75%	75%	100%	100%
	Scaling & Root Planing (per quadrant)	75%	75%	100%	100%
	Simple Extractions	75%	75%	100%	100%
	Surgical Extractions	75%	75%	100%	100%
Major Care	Bridges and Dentures	0%	0%	50%	50%
	Dental Implants	Not Covered	Not Covered	50%	50%
	Inlays, Onlays, Veneers**	0%	0%	50%	50%
	Repair & Maintenance of Crowns, Bridges & Dentures	0%	0%	50%	50%
	Single Crowns	0%	0%	50%	50%
Orthodontia	Orthodontia	Not Covered		50%	50%
	Limits:			Child(ren)	

This is only a partial list of dental services. Your certificate of benefits will show exactly what is covered and excluded. **For PPO and or Indemnity members, Crowns, Inlays, Onlays and Labial Veneers are covered only when needed because of decay or injury or other pathology when the tooth cannot be restored with amalgam or composite filling material. When Orthodontia coverage is for "Child(ren)" only, the orthodontic appliance must be placed prior to the age limit set by your plan; If full-time status is required by your plan in order to remain insured after a certain age; then orthodontic maintenance may continue as long as full-time student status is maintained. If Orthodontia coverage is for "Adults and Child(ren)" this limitation does not apply. *General Anesthesia – restrictions apply. ‡For PPO and or Indemnity members, Fillings – restrictions may apply to composite fillings.



Your dental coverage

Manage Your Benefits:

Go to www.Guardianlife.com to access secure information about your Guardian benefits including access to an image of your ID Card. Your on-line account will be set up within 30 days after your plan effective date.

Find A Dentist:

Visit www.Guardianlife.com
Click on "Find A Provider"; You will need to know your plan, which can be found on the first page of your dental benefit summary.

Need Assistance?

Call the Guardian Helpline (888) 600-1600, weekdays, 8:00 AM to 8:30 PM, EST. Refer to your member ID (social security number) and your plan number: 00057559

Please call the Guardian Helpline if you need to use your benefits within 30 days of plan effective date. Please note, self-serve options over the phone or online at Guardian Anytime are not available until the case is fully implemented, please wait to speak to a live agent when calling the Guardian Helpline.

EXCLUSIONS AND LIMITATIONS

Important Information about Guardian's DentalGuard Indemnity and DentalGuard Preferred Network PPO plans: This policy provides dental insurance only. Coverage is limited to those charges that are necessary to prevent, diagnose or treat dental disease, defect, or injury. Deductibles apply. The plan does not pay for: oral hygiene services (except as covered under preventive services), orthodontia (unless expressly provided for), cosmetic or experimental treatments (unless they are expressly provided for), any treatments to the extent benefits are payable by any other payor or for which no charge is made, prosthetic devices unless certain conditions are met, and services ancillary to surgical treatment. The plan limits benefits for diagnostic

consultations and for preventive, restorative, endodontic, periodontic, and prosthodontic services. The services, exclusions and limitations listed above do not constitute a contract and are a summary only. The Guardian plan documents are the final arbiter of coverage. Contract # GP-I-DG2000 et al. **PPO and or Indemnity Special Limitation:** Teeth lost or missing before a covered person becomes insured by this plan. A covered person may have one or more congenitally missing teeth or have lost one or more teeth before he became insured by this plan. We won't pay for a prosthetic device which replaces such teeth unless the device also replaces one or more natural teeth lost or extracted after the covered person became insured by this plan. R3-DG2000

DentalGuard Insurance is underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. This policy provides DENTAL insurance only.
Policy Form # GP-1-DG2000, et al, GP-1-DEN-16

Oral Health Rewards Program

Regular visits to the dentist can help prevent and detect the early signs of serious diseases.

That’s why Guardian’s Maximum Rollover Oral Health Rewards Program encourages and rewards members who visit the dentist, by rolling over part of your unused annual maximum into a Maximum Rollover Account (MRA). This can be used in future years if your plan’s annual maximum is reached.



Automatic rollover

Submit a claim (without exceeding the paid claims threshold of a benefit year), and Guardian will roll over a portion of your unused annual dental maximum.

How maximum rollover works*

Depending on a plan’s annual maximum, if claims made for a certain year don’t reach a specified threshold, then the set maximum rollover amount can be rolled over.

Plan annual maximum**	Threshold	Maximum rollover amount	In-network only rollover amount	Maximum rollover account limit
\$2,000 Maximum claims reimbursement	\$800 Claims amount that determines rollover eligibility	\$400 Additional dollars added to a plan’s annual maximum for future years	\$600 Additional dollars added if only in-network providers were used during the benefit year	\$1,500 The limit that cannot be exceeded within the maximum rollover account

* This example has been created for illustrative purposes only.
** If a plan has a different annual maximum for PPO benefits vs. non-PPO benefits, (\$1500 PPO/\$1000 non-PPO for example) the non-PPO maximum determines the Maximum Rollover plan. May not be available in all states.
Guardian’s Dental Insurance is underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. Information provided in this communication is for informational purposes only. Dental Policy Form No. GP-1-DEN-16. GUARDIAN® is a registered service mark of The Guardian Life Insurance Company of America © Copyright 2023 The Guardian Life Insurance Company of America.

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Life insurance

If something happens to you, life insurance can help your family reduce financial stress.

Life insurance helps protect your family's finances by providing a cash benefit if you pass away. This ensures that they'll be financially supported, and can cover important things from bills to funeral costs. With life policies, you can get affordable life insurance protection for a set period of time.

Who is it for?

Everyone's life insurance needs are different, depending on their family situation. That's why group life insurance through an employer is an easier and more affordable option than individual life insurance.

What does it cover?

Life insurance protects your loved ones by providing a benefit (which is usually tax-exempt) if you pass away.

Why should I consider it?

Life insurance is about more than just covering expenses. Depending on your circumstances, it could take your family years to recover from the loss of your income.

With a life insurance benefit, your family will have extra money to cover mortgage and rent payments, legal or medical fees, childcare, tuition, and any outstanding debts.

Guardian, its subsidiaries, agents, and employees do not provide tax, legal, or accounting advice. Consult your tax, legal, or accounting professional regarding your individual situation.

You will receive these benefits if you meet the conditions listed in the policy.



Preparing and planning

Jorge's never considered purchasing life insurance, but after being offered it through work, he decides it's a smart way to protect his family.

Jorge has a mortgage, and because his wife is helping to take care of her mother, she only works part-time. In addition, his daughter is about to start college.

Jorge looks at how his family would be affected by losing him.

Average funeral cost: **\$9,000**

Average mortgage debt: **\$202,000**

Average cost of college: **\$17,000 - \$44,000**

Average household credit card debt: **\$8,500**

With life insurance, Jorge can make sure that part of these costs are covered if something happens to him.

This example is for illustrative purposes only. Your plan's coverage may vary. See your plan's information on the following pages for specific amounts and details.



Your life coverage

VOLUNTARY TERM LIFE

Employee Benefit	\$10,000 increments to a maximum of \$500,000. See Cost Illustration page for details.
Accidental Death and Dismemberment	Enhanced employee, spouse, and child(ren) coverage. Maximum 1 times life amount.
Spouse Benefit	\$5,000 increments to a maximum of \$250,000. See Cost Illustration page for details. [†]
Child Benefit	Your dependent children age 14 days to 26 years. You may elect one of the following benefit options: \$10,000. Subject to state limits. See Cost Illustration page for details.
Guarantee Issue: The 'guarantee' means you are not required to answer health questions to qualify for coverage up to and including the specified amount, when you sign up for coverage during the initial enrollment period.	We Guarantee Issue coverage up to: Employee \$200,000. Spouse \$50,000. Dependent children \$10,000.
Premiums	Increase on plan anniversary after you enter next five-year age group
Portability: Allows you to take coverage with you if you terminate employment.	Yes, with age and other restrictions
Conversion: Allows you to continue your coverage after your group plan has terminated.	Yes, with restrictions; see certificate of benefits
Accelerated Life Benefit: A lump sum benefit is paid to you if you are diagnosed with a terminal condition, as defined by the plan.	Yes



Your life coverage

VOLUNTARY TERM LIFE

Waiver of Premiums: Premium will not need to be paid if you are totally disabled.	For employees disabled prior to age 60, with premiums waived until age 65, if conditions met
Benefit Reductions: Benefits are reduced by a certain percentage as an employee ages.	35% at age 65, 50% at age 70

Subject to coverage limits

‡ **Spouse coverage terminates at age 70.**

The Guarantee Issue amount may be subject to reductions by percentage at the ages shown in this summary.

Annual Election Option allows employees to increase the amount of their life coverage without a medical exam when they re-enroll in their company's Voluntary Life plan. This option allows employees to step up to an amount of up to \$50,000, up to the Guarantee Issue amount.

Voluntary Life Cost Illustration:

To determine the most appropriate level of coverage, as a rule of thumb, you should consider about 6 - 10 times your annual income, factoring in projected costs to help maintain your family's current life style.

		Semi-monthly premiums displayed. Cost of AD&D is included.							
Policy Election Amount		Policy Election Cost Per Age Bracket							
Employee		< 30	30-34	35-39	40-44	45-49	50-54	55-59	60-64 65-69†
\$10,000		\$39	\$43	\$51	\$83	\$1.48	\$2.25	\$3.67	\$5.12 \$8.81
\$20,000		\$77	\$85	\$1.01	\$1.66	\$2.95	\$4.49	\$7.33	\$10.24 \$17.62
\$30,000		\$1.16	\$1.28	\$1.52	\$2.49	\$4.43	\$6.74	\$11.00	\$15.36 \$26.43
\$40,000		\$1.54	\$1.70	\$2.02	\$3.32	\$5.90	\$8.98	\$14.66	\$20.48 \$35.24
\$50,000		\$1.93	\$2.13	\$2.53	\$4.15	\$7.38	\$11.23	\$18.33	\$25.60 \$44.05
\$60,000		\$2.31	\$2.55	\$3.03	\$4.98	\$8.85	\$13.47	\$21.99	\$30.72 \$52.86
\$70,000		\$2.70	\$2.98	\$3.54	\$5.81	\$10.33	\$15.72	\$25.66	\$35.84 \$61.67
\$80,000		\$3.08	\$3.40	\$4.04	\$6.64	\$11.80	\$17.96	\$29.32	\$40.96 \$70.48
\$90,000		\$3.47	\$3.83	\$4.55	\$7.47	\$13.28	\$20.21	\$32.99	\$46.08 \$79.29
\$100,000		\$3.85	\$4.25	\$5.05	\$8.30	\$14.75	\$22.45	\$36.65	\$51.20 \$88.10
\$110,000		\$4.24	\$4.68	\$5.56	\$9.13	\$16.23	\$24.70	\$40.32	\$56.32 \$96.91
\$120,000		\$4.62	\$5.10	\$6.06	\$9.96	\$17.70	\$26.94	\$43.98	\$61.44 \$105.72
\$130,000		\$5.01	\$5.53	\$6.57	\$10.79	\$19.18	\$29.19	\$47.65	\$66.56 \$114.53
\$140,000		\$5.39	\$5.95	\$7.07	\$11.62	\$20.65	\$31.43	\$51.31	\$71.68 \$123.34
\$150,000		\$5.78	\$6.38	\$7.58	\$12.45	\$22.13	\$33.68	\$54.98	\$76.80 \$132.15
\$160,000		\$6.16	\$6.80	\$8.08	\$13.28	\$23.60	\$35.92	\$58.64	\$81.92 \$140.96
\$170,000		\$6.55	\$7.23	\$8.59	\$14.11	\$25.08	\$38.17	\$62.31	\$87.04 \$149.77
\$180,000		\$6.93	\$7.65	\$9.09	\$14.94	\$26.55	\$40.41	\$65.97	\$92.16 \$158.58
\$190,000		\$7.32	\$8.08	\$9.60	\$15.77	\$28.03	\$42.66	\$69.64	\$97.28 \$167.39
\$200,000		\$7.70	\$8.50	\$10.10	\$16.60	\$29.50	\$44.90	\$73.30	\$102.40 \$176.20
\$210,000		\$8.09	\$8.93	\$10.61	\$17.43	\$30.98	\$47.15	\$76.97	\$107.52 \$185.01
\$220,000		\$8.47	\$9.35	\$11.11	\$18.26	\$32.45	\$49.39	\$80.63	\$112.64 \$193.82
\$230,000		\$8.86	\$9.78	\$11.62	\$19.09	\$33.93	\$51.64	\$84.30	\$117.76 \$202.63
\$240,000		\$9.24	\$10.20	\$12.12	\$19.92	\$35.40	\$53.88	\$87.96	\$122.88 \$211.44
\$250,000		\$9.63	\$10.63	\$12.63	\$20.75	\$36.88	\$56.13	\$91.63	\$128.00 \$220.25
\$260,000		\$10.01	\$11.05	\$13.13	\$21.58	\$38.35	\$58.37	\$95.29	\$133.12 \$229.06
\$270,000		\$10.40	\$11.48	\$13.64	\$22.41	\$39.83	\$60.62	\$98.96	\$138.24 \$237.87
\$280,000		\$10.78	\$11.90	\$14.14	\$23.24	\$41.30	\$62.86	\$102.62	\$143.36 \$246.68
\$290,000		\$11.17	\$12.33	\$14.65	\$24.07	\$42.78	\$65.11	\$106.29	\$148.48 \$255.49

Voluntary Life Cost Illustration *continued*

	< 30	30–34	35–39	40–44	45–49	50–54	55–59	60–64	65–69†
\$300,000	\$11.55	\$12.75	\$15.15	\$24.90	\$44.25	\$67.35	\$109.95	\$153.60	\$264.30
\$310,000	\$11.94	\$13.18	\$15.66	\$25.73	\$45.73	\$69.60	\$113.62	\$158.72	\$273.11
\$320,000	\$12.32	\$13.60	\$16.16	\$26.56	\$47.20	\$71.84	\$117.28	\$163.84	\$281.92
\$330,000	\$12.71	\$14.03	\$16.67	\$27.39	\$48.68	\$74.09	\$120.95	\$168.96	\$290.73
\$340,000	\$13.09	\$14.45	\$17.17	\$28.22	\$50.15	\$76.33	\$124.61	\$174.08	\$299.54
\$350,000	\$13.48	\$14.88	\$17.68	\$29.05	\$51.63	\$78.58	\$128.28	\$179.20	\$308.35
\$360,000	\$13.86	\$15.30	\$18.18	\$29.88	\$53.10	\$80.82	\$131.94	\$184.32	\$317.16
\$370,000	\$14.25	\$15.73	\$18.69	\$30.71	\$54.58	\$83.07	\$135.61	\$189.44	\$325.97
\$380,000	\$14.63	\$16.15	\$19.19	\$31.54	\$56.05	\$85.31	\$139.27	\$194.56	\$334.78
\$390,000	\$15.02	\$16.58	\$19.70	\$32.37	\$57.53	\$87.56	\$142.94	\$199.68	\$343.59
\$400,000	\$15.40	\$17.00	\$20.20	\$33.20	\$59.00	\$89.80	\$146.60	\$204.80	\$352.40
\$410,000	\$15.79	\$17.43	\$20.71	\$34.03	\$60.48	\$92.05	\$150.27	\$209.92	\$361.21
\$420,000	\$16.17	\$17.85	\$21.21	\$34.86	\$61.95	\$94.29	\$153.93	\$215.04	\$370.02
\$430,000	\$16.56	\$18.28	\$21.72	\$35.69	\$63.43	\$96.54	\$157.60	\$220.16	\$378.83
\$440,000	\$16.94	\$18.70	\$22.22	\$36.52	\$64.90	\$98.78	\$161.26	\$225.28	\$387.64
\$450,000	\$17.33	\$19.13	\$22.73	\$37.35	\$66.38	\$101.03	\$164.93	\$230.40	\$396.45
\$460,000	\$17.71	\$19.55	\$23.23	\$38.18	\$67.85	\$103.27	\$168.59	\$235.52	\$405.26
\$470,000	\$18.10	\$19.98	\$23.74	\$39.01	\$69.33	\$105.52	\$172.26	\$240.64	\$414.07
\$480,000	\$18.48	\$20.40	\$24.24	\$39.84	\$70.80	\$107.76	\$175.92	\$245.76	\$422.88
\$490,000	\$18.87	\$20.83	\$24.75	\$40.67	\$72.28	\$110.01	\$179.59	\$250.88	\$431.69
\$500,000	\$19.25	\$21.25	\$25.25	\$41.50	\$73.75	\$112.25	\$183.25	\$256.00	\$440.50
Policy Election Amount									
Spouse									
\$5,000	\$1.19	\$2.21	\$2.25	\$4.42	\$7.74	\$11.12	\$18.83	\$25.56	\$44.41
\$10,000	\$3.39	\$4.43	\$5.51	\$8.83	\$14.48	\$22.25	\$36.67	\$51.12	\$88.81
\$15,000	\$5.58	\$6.64	\$7.76	\$12.25	\$22.21	\$33.37	\$55.50	\$77.68	\$132.22
\$20,000	\$7.77	\$8.85	\$10.01	\$16.66	\$29.95	\$44.49	\$73.33	\$102.24	\$176.62
\$25,000	\$9.96	\$10.06	\$12.26	\$20.08	\$36.69	\$55.61	\$91.16	\$128.80	\$222.03
\$30,000	\$11.16	\$12.28	\$15.52	\$24.49	\$44.43	\$66.74	\$111.00	\$153.36	\$266.43
\$35,000	\$13.35	\$14.49	\$17.77	\$29.91	\$55.16	\$78.86	\$128.83	\$179.92	\$308.84
\$40,000	\$15.54	\$17.70	\$22.02	\$33.32	\$59.90	\$88.98	\$146.66	\$204.48	\$352.24
\$45,000	\$17.73	\$19.91	\$22.27	\$37.74	\$66.64	\$101.10	\$164.49	\$230.04	\$396.65
\$50,000	\$19.93	\$22.13	\$25.53	\$41.15	\$73.38	\$112.23	\$183.33	\$256.60	\$440.05

Voluntary Life Cost Illustration *continued*

	< 30	30–34	35–39	40–44	45–49	50–54	55–59	60–64	65–69 [†]
\$55,000	\$2.12	\$2.34	\$2.78	\$4.57	\$8.11	\$12.35	\$20.16	\$28.16	\$48.46
\$60,000	\$2.31	\$2.55	\$3.03	\$4.98	\$8.85	\$13.47	\$21.99	\$30.72	\$52.86
\$65,000	\$2.50	\$2.76	\$3.28	\$5.40	\$9.59	\$14.59	\$23.82	\$33.28	\$57.27
\$70,000	\$2.70	\$2.98	\$3.54	\$5.81	\$10.33	\$15.72	\$25.66	\$35.84	\$61.67
\$75,000	\$2.89	\$3.19	\$3.79	\$6.23	\$11.06	\$16.84	\$27.49	\$38.40	\$66.08
\$80,000	\$3.08	\$3.40	\$4.04	\$6.64	\$11.80	\$17.96	\$29.32	\$40.96	\$70.48
\$85,000	\$3.27	\$3.61	\$4.29	\$7.06	\$12.54	\$19.08	\$31.15	\$43.52	\$74.89
\$90,000	\$3.47	\$3.83	\$4.55	\$7.47	\$13.28	\$20.21	\$32.99	\$46.08	\$79.29
\$95,000	\$3.66	\$4.04	\$4.80	\$7.89	\$14.01	\$21.33	\$34.82	\$48.64	\$83.70
\$100,000	\$3.85	\$4.25	\$5.05	\$8.30	\$14.75	\$22.45	\$36.65	\$51.20	\$88.10
\$105,000	\$4.04	\$4.46	\$5.30	\$8.72	\$15.49	\$23.57	\$38.48	\$53.76	\$92.51
\$110,000	\$4.24	\$4.68	\$5.56	\$9.13	\$16.23	\$24.70	\$40.32	\$56.32	\$96.91
\$115,000	\$4.43	\$4.89	\$5.81	\$9.55	\$16.96	\$25.82	\$42.15	\$58.88	\$101.32
\$120,000	\$4.62	\$5.10	\$6.06	\$9.96	\$17.70	\$26.94	\$43.98	\$61.44	\$105.72
\$125,000	\$4.81	\$5.31	\$6.31	\$10.38	\$18.44	\$28.06	\$45.81	\$64.00	\$110.13
\$130,000	\$5.01	\$5.53	\$6.57	\$10.79	\$19.18	\$29.19	\$47.65	\$66.56	\$114.53
\$135,000	\$5.20	\$5.74	\$6.82	\$11.21	\$19.91	\$30.31	\$49.48	\$69.12	\$118.94
\$140,000	\$5.39	\$5.95	\$7.07	\$11.62	\$20.65	\$31.43	\$51.31	\$71.68	\$123.34
\$145,000	\$5.58	\$6.16	\$7.32	\$12.04	\$21.39	\$32.55	\$53.14	\$74.24	\$127.75
\$150,000	\$5.78	\$6.38	\$7.58	\$12.45	\$22.13	\$33.68	\$54.98	\$76.80	\$132.15
\$155,000	\$5.97	\$6.59	\$7.83	\$12.87	\$22.86	\$34.80	\$56.81	\$79.36	\$136.56
\$160,000	\$6.16	\$6.80	\$8.08	\$13.28	\$23.60	\$35.92	\$58.64	\$81.92	\$140.96
\$165,000	\$6.35	\$7.01	\$8.33	\$13.70	\$24.34	\$37.04	\$60.47	\$84.48	\$145.37
\$170,000	\$6.55	\$7.23	\$8.59	\$14.11	\$25.08	\$38.17	\$62.31	\$87.04	\$149.77
\$175,000	\$6.74	\$7.44	\$8.84	\$14.53	\$25.81	\$39.29	\$64.14	\$89.60	\$154.18
\$180,000	\$6.93	\$7.65	\$9.09	\$14.94	\$26.55	\$40.41	\$65.97	\$92.16	\$158.58
\$185,000	\$7.12	\$7.86	\$9.34	\$15.36	\$27.29	\$41.53	\$67.80	\$94.72	\$162.99
\$190,000	\$7.32	\$8.08	\$9.60	\$15.77	\$28.03	\$42.66	\$69.64	\$97.28	\$167.39
\$195,000	\$7.51	\$8.29	\$9.85	\$16.19	\$28.76	\$43.78	\$71.47	\$99.84	\$171.80
\$200,000	\$7.70	\$8.50	\$10.10	\$16.60	\$29.50	\$44.90	\$73.30	\$102.40	\$176.20
\$205,000	\$7.89	\$8.71	\$10.35	\$17.02	\$30.24	\$46.02	\$75.13	\$104.96	\$180.61
\$210,000	\$8.09	\$8.93	\$10.61	\$17.43	\$30.98	\$47.15	\$76.97	\$107.52	\$185.01

Voluntary Life Cost Illustration *continued*

	< 30	30–34	35–39	40–44	45–49	50–54	55–59	60–64	65–69†
\$215,000	\$8.28	\$9.14	\$10.86	\$17.85	\$31.71	\$48.27	\$78.80	\$110.08	\$189.42
\$220,000	\$8.47	\$9.35	\$11.11	\$18.26	\$32.45	\$49.39	\$80.63	\$112.64	\$193.82
\$225,000	\$8.66	\$9.56	\$11.36	\$18.68	\$33.19	\$50.51	\$82.46	\$115.20	\$198.23
\$230,000	\$8.86	\$9.78	\$11.62	\$19.09	\$33.93	\$51.64	\$84.30	\$117.76	\$202.63
\$235,000	\$9.05	\$9.99	\$11.87	\$19.51	\$34.66	\$52.76	\$86.13	\$120.32	\$207.04
\$240,000	\$9.24	\$10.20	\$12.12	\$19.92	\$35.40	\$53.88	\$87.96	\$122.88	\$211.44
\$245,000	\$9.43	\$10.41	\$12.37	\$20.34	\$36.14	\$55.00	\$89.79	\$125.44	\$215.85
\$250,000	\$9.63	\$10.63	\$12.63	\$20.75	\$36.88	\$56.13	\$91.63	\$128.00	\$220.25
Policy Election Amount									
Child(ren)									
\$10,000	\$0.90	\$0.90	\$0.90	\$0.90	\$0.90	\$0.90	\$0.90	\$0.90	\$0.90

Refer to Guarantee Issue row on page above for Voluntary Life GI amounts.

Premiums for Voluntary Life Increase in five-year increments

Spouse coverage premium is based on Employee age.

†Benefit reductions apply.

The Guarantee Issue amount may be subject to reductions by percentage at the ages shown in this summary.

LIMITATIONS AND EXCLUSIONS:

A SUMMARY OF PLAN LIMITATIONS AND EXCLUSIONS FOR LIFE AND AD&D COVERAGE:

You must be working full-time on the effective date of your coverage; otherwise, your coverage becomes effective after you have completed a specific waiting period. Employees must be legally working in the United States in order to be eligible for coverage. Underwriting must approve coverage for employees on temporary assignment: (a) exceeding one year; or (b) in an area under travel warning by the US Department of State. Subject to state specific variations. Evidence of Insurability is required on all late enrollees. This coverage will not be effective until approved by a Guardian underwriter. This proposal is hedged subject to satisfactory financial evaluation. Please refer to certificate of coverage for full plan description.

Dependent life insurance will not take effect if a dependent, other than a newborn, is confined to the hospital or other health care facility or is unable to perform the normal activities of someone of like age and sex.

Accelerated Life Benefit is not paid to an employee under the following circumstances: one who is required by law to use the benefit to pay creditors; is required by court order to pay the benefit to another person; is required by a government agency to use the payment to receive a government benefit; or loses his or her group coverage before an accelerated benefit is paid.

We pay no benefits if the insured's death is due to suicide within two years from the insured's original effective date. This two year limitation also applies to any increase in benefit. This exclusion may vary according to state law. Late entrants and benefit increases require underwriting approval.

GP-I-R-EOPT-96

Guarantee Issue/Conditional Issue amounts may vary based on age and case size. See your Plan Administrator for details. Late entrants and benefit increases require underwriting approval.

For AD&D: We pay no benefits for any loss caused: by willful self-injury; sickness, disease or medical treatment; by participating in a civil disorder or committing a felony; Traveling on any type of aircraft while having duties on that aircraft; by declared or undecleared act of war or armed aggression; while a member of any armed force (May vary by state); while driving a motor vehicle without a current, valid driver's license; by legal intoxication; or by voluntarily using a non-prescription controlled substance. Contract #GP-I-R-ADCLI-00 et al. We won't pay more than 100% of the Insurance amount for all losses due to the same accident, except as stated. The loss must occur within a specified period of time of the accident. Please see contract for specific definition; definition of loss may vary depending on the benefit payable.

Guardian Group Life Insurance underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage.
Policy Form # GP-1-LIFE-15

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HERITAGE MINISTRIES CHARITABLE CARE NETWORK

Eligible Employees

Kit created 11/01/2023

Group number: 00057559

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Disability insurance

Short term disability

Disability insurance covers a part of your income, so you can pay your bills if you're injured or sick and can't work.

Disability may be more common than you might realize, and people can be unable to work for all sorts of different reasons. There are times when many disabilities can be caused by illness, including common conditions like heart disease and arthritis. However, many disabilities aren't covered by workers' compensation.

Who is it for?

If you rely on your income to pay for everyday expenses, then you should probably consider disability insurance. It helps ensure that you'll receive a partial income if you're injured or too sick to work.

What does it cover?

Many disability insurance plans pay out a portion or percentage of your income if you're diagnosed with a serious illness or experience an injury that prevents you from doing your job.

Why should I consider it?

Accidents happen, and you can't always anticipate if or when you'll become sick or injured. That's why it's important to have a disability policy that helps you pay your bills in the event of being unable to collect your normal paycheck.

You will receive these benefits if you meet the conditions listed in the policy.



Partial income replacement

Mike injures his back in a bicycle accident and can't work for 13 weeks.

Unpaid time off work: **13 weeks**

Elimination period: **1 week**

After a 1-week elimination period following his accident, Mike's Guardian Short Term Disability policy kicks in and replaces **\$400** of his weekly income for the remaining **12 weeks** of his rehabilitation.

This gives him a total of **\$4,800** to cover his expenses while he's unable to work.

This example is for illustrative purposes only. Your plan's coverage may vary. See your plan's information on the following pages for specific amounts and details.



Disability insurance

Long term disability

Disability insurance covers a part of your income, so you can pay your bills if you're injured or sick and can't work.

Disability may be more common than you might realize, and people can be unable to work for all sorts of different reasons. There are times when many disabilities can be caused by illness, including common conditions like heart disease and arthritis. However, many disabilities aren't covered by workers' compensation.

Who is it for?

If you rely on your income to pay for everyday expenses, then you should probably consider disability insurance. It helps ensure that you'll receive a partial income if you're injured or too sick to work.

What does it cover?

Many disability insurance plans pay out a portion or percentage of your income if you're diagnosed with a serious illness or experience an injury that prevents you from doing your job.

Why should I consider it?

Accidents happen, and you can't always anticipate if or when you'll become sick or injured. That's why it's important to have a disability policy that helps you pay your bills in the event of being unable to collect your normal paycheck.

You will receive these benefits if you meet the conditions listed in the policy.



Partial income replacement

Jim suffers a heart attack that leaves him unable to work for two years.

Unpaid time off work: **24 months**

Elimination period: **6 months**

After a 6 month elimination period, Jim's Guardian Long Term Disability policy kicks in and replaces **\$2,000** of his monthly income for the remaining **18 months** of his disability or illness.

This gives him a total of **\$36,000** to cover his expenses while he's unable to work.

This example is for illustrative purposes only. Your plan's coverage may vary. See your plan's information on the following pages for specific amounts and details.



Your disability coverage

	Short-Term Disability	Long-Term Disability
Coverage amount	60% of salary to maximum \$1000/week	60% of salary to maximum \$6000/month
Maximum payment period: Maximum length of time you can receive disability benefits.	26 weeks	Social Security Normal Retirement Age
Accident benefits begin: The length of time you must be disabled before benefits begin.	Day 8	Day 181
Illness benefits begin: The length of time you must be disabled before benefits begin.	Day 8	Day 181
Evidence of Insurability: A health statement requiring you to answer a few medical history questions.	Health Statement may be required	Health Statement may be required
Guarantee Issue: The 'guarantee' means you are not required to answer health questions to qualify for coverage up to and including the specified amount, when applicant signs up for coverage during the initial enrollment period.	We Guarantee Issue \$1000 in coverage	We Guarantee Issue \$6000 in coverage
Minimum work hours/week: Minimum number of hours you must regularly work each week to be eligible for coverage.	Planholder Determines	Planholder Determines
Pre-existing conditions: A pre-existing condition includes any condition/symptom for which you, in the specified time period prior to coverage in this plan, consulted with a physician, received treatment, or took prescribed drugs.	3 months look back; 12 months after 2 week limitation	3 months look back; 12 months after limitation
Premium waived if disabled: Premium will not need to be paid when you are receiving benefits.	Yes	Yes
Survivor benefit: Additional benefit payable to your family if you die while disabled.	No	3 months

UNDERSTANDING YOUR BENEFITS—DISABILITY (Some information may vary by state)

Disability (long-term): For first two years of disability, you will receive benefit payments while you are unable to work in your own occupation. After two years, you will continue to receive benefits if you cannot work in any occupation based on training, experience and education.

Earnings definition: Your covered salary includes average bonuses and commissions.

Special limitations: Provides a 24-month benefit limit for mental health and substance abuse.

Work incentive: Plan benefit will not be reduced for a specified amount of months so that you have part-time earnings while you remain disabled, unless the combined benefit and earnings exceed 100% of your previous earnings.

Disability Cost Illustration:

To determine the most appropriate level of coverage, you should consider your current basic monthly expenses.

Short-Term Disability Plan Cost Illustration:

Policy amounts shown based on sample salary amounts only.

	< 25	25–29	30–34	35–39	40–44	45–49	50–54	55–59	60+
Your premium rate	\$0.830	\$0.870	\$0.809	\$0.810	\$0.870	\$1.060	\$1.320	\$1.620	\$1.920
	Election Cost Per Age Bracket								
	< 25	25–29	30–34	35–39	40–44	45–49	50–54	55–59	60+
\$20,000 Annual Salary \$231 Weekly Benefit	\$9.59	\$10.05	\$9.34	\$9.36	\$10.05	\$12.24	\$15.25	\$18.71	\$22.18
\$30,000 Annual Salary \$346 Weekly Benefit	\$14.36	\$15.05	\$14.00	\$14.01	\$15.05	\$18.34	\$22.84	\$28.03	\$33.22
\$40,000 Annual Salary \$462 Weekly Benefit	\$19.17	\$20.10	\$18.69	\$18.71	\$20.10	\$24.49	\$30.49	\$37.42	\$44.35
\$50,000 Annual Salary \$577 Weekly Benefit	\$23.95	\$25.10	\$23.34	\$23.37	\$25.10	\$30.58	\$38.08	\$46.74	\$55.39
\$60,000 Annual Salary \$692 Weekly Benefit	\$28.72	\$30.10	\$27.99	\$28.03	\$30.10	\$36.68	\$45.67	\$56.05	\$66.43
\$70,000 Annual Salary \$808 Weekly Benefit	\$33.53	\$35.15	\$32.68	\$32.72	\$35.15	\$42.82	\$53.33	\$65.45	\$77.57
\$80,000 Annual Salary \$923 Weekly Benefit	\$38.31	\$40.15	\$37.34	\$37.38	\$40.15	\$48.92	\$60.92	\$74.76	\$88.61
\$90,000 Annual Salary \$1,000 Weekly Benefit	\$41.50	\$43.50	\$40.45	\$40.50	\$43.50	\$53.00	\$66.00	\$81.00	\$96.00

Long-Term Disability Plan Cost Illustration:

Policy amounts shown based on sample salary amounts only.

	< 25	25–29	30–34	35–39	40–44	45–49	50–54	55–59	60+
Your premium rate	\$0.091	\$0.170	\$0.308	\$0.449	\$0.622	\$0.889	\$1.350	\$2.050	\$2.080
	Election Cost Per Age Bracket								
	< 25	25–29	30–34	35–39	40–44	45–49	50–54	55–59	60+
\$20,000 Annual Salary \$1,000 Monthly Benefit	\$0.76	\$1.42	\$2.57	\$3.74	\$5.18	\$7.41	\$11.25	\$17.09	\$17.34
\$30,000 Annual Salary \$1,500 Monthly Benefit	\$1.14	\$2.13	\$3.85	\$5.61	\$7.78	\$11.11	\$16.88	\$25.63	\$26.00
\$40,000 Annual Salary \$2,000 Monthly Benefit	\$1.52	\$2.83	\$5.13	\$7.48	\$10.37	\$14.82	\$22.50	\$34.16	\$34.66
\$50,000 Annual Salary \$2,500 Monthly Benefit	\$1.90	\$3.54	\$6.42	\$9.36	\$12.96	\$18.52	\$28.13	\$42.71	\$43.34

	< 25	25–29	30–34	35–39	40–44	45–49	50–54	55–59	60+
\$60,000 Annual Salary \$3,000 Monthly Benefit	\$2.28	\$4.25	\$7.70	\$11.23	\$15.55	\$22.23	\$33.75	\$51.25	\$52.00
\$70,000 Annual Salary \$3,500 Monthly Benefit	\$2.65	\$4.96	\$8.98	\$13.10	\$18.14	\$25.93	\$39.37	\$59.79	\$60.66
\$80,000 Annual Salary \$4,000 Monthly Benefit	\$3.03	\$5.67	\$10.27	\$14.97	\$20.73	\$29.64	\$45.00	\$68.34	\$69.34
\$90,000 Annual Salary \$4,500 Monthly Benefit	\$3.41	\$6.38	\$11.55	\$16.84	\$23.33	\$33.34	\$50.63	\$76.88	\$78.00
\$100,000 Annual Salary \$5,000 Monthly Benefit	\$3.79	\$7.08	\$12.83	\$18.71	\$25.92	\$37.04	\$56.25	\$85.41	\$86.66
\$200,000 Annual Salary \$6,000 Monthly Benefit	\$4.55	\$8.50	\$15.40	\$22.45	\$31.10	\$44.45	\$67.50	\$102.50	\$104.00

A SUMMARY OF DISABILITY PLAN LIMITATIONS AND EXCLUSIONS

Evidence of Insurability may be required on all late enrollees. This coverage will not be effective until approved by a Guardian underwriter. This proposal is hedged subject to satisfactory financial evaluation. Please refer to certificate of coverage for full plan description.

You must be working full-time on the effective date of your coverage; otherwise, your coverage becomes effective after you have completed a specific waiting period.

Employees must be legally working in the United States in order to be eligible for coverage. Underwriting must approve coverage for employees on temporary assignment: (a) exceeding one year; or (b) in an area under travel warning by the US Department of State. Subject to state specific variations.

For Long-Term Disability coverage, we limit benefits for a disability caused or contributed to by a pre-existing condition unless the disability starts after you have been insured under this plan for a specified period of time. We limit the duration of payments for long term disabilities caused by mental or emotional conditions, or alcohol or drug abuse.

For Short-Term Disability coverage, benefits for a disability caused or contributed to by a pre-existing condition are limited, unless the disability starts after you have been insured under this plan for a specified period of time. We do not pay short term disability benefits for any job-related or on-the-job injury, or conditions for which Workers' Compensation benefits are payable.

We do not pay benefits for charges relating to a covered person: taking part in any war or act of war (including service in the armed forces) committing a felony or taking part in any riot or other civil disorder or intentionally injuring themselves or attempting suicide while sane or insane. We do not pay benefits for charges relating to legal intoxication, including but not limited to the operation of a motor vehicle, and for the voluntary use of any poison, chemical, prescription or non-prescription drug or controlled substance unless it has been prescribed by a doctor and is used as prescribed. We limit the duration of payments for long term disabilities caused by mental or emotional conditions, or alcohol or drug abuse. We do not pay benefits during any period in which a covered person is confined to a correctional facility, an employee is not under the care of a doctor, an employee is receiving treatment outside of the US or Canada, and the employee's loss of earnings is not solely due to disability.

This policy provides disability income insurance only. It does not provide "basic hospital", "basic medical", or "medical" insurance as defined by the New York State Insurance Department.

If this plan is transferred from another insurance carrier, the time an insured is covered under that plan will count toward satisfying Guardian's pre-existing condition limitation period. State variations may apply.

When applicable, this coverage will integrate with NJ TDB, NY DBL, CA SDI, RI TDI, Hawaii TDI and Puerto Rico DBA, DC PFML and WA PFML.

Guardian's Group Short Term Disability and Long Term Disability Insurance are underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. This policy provides disability income insurance only. It does NOT provide basic hospital, basic medical or major medical insurance as defined by the New York State Department of Financial Services. Plan documents are the final arbiter of coverage. Policy Form #GP-1-STD07-1.0, et al, GP-1-STD-15, #GP-1-LTD07-1.0, et al, GP-1-LTD-15

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Specified disease insurance

Specified disease insurance may help you cover expenses not covered by your health insurance.

It's a cash payment you receive if you ever experience a serious illness like cancer, a heart attack, or a stroke, giving you the financial support to focus on recovery.

Who is it for?

Specified disease insurance is a supplemental policy for people who already have health insurance. It provides you with an additional payment to cover expenses like deductibles, treatments, and living costs.

What does it cover?

Specified diseases include strokes, heart attacks, Parkinson's disease and cancer. Our policies can cover over 30 major illnesses, helping you stay financially stable by paying you a lump sum if you're diagnosed with one of them.

Why should I consider it?

Health coverage is becoming more expensive, with higher co-pays, premiums, and deductibles. Specified disease insurance is an affordable way to supplement and pay for additional expenses that your health insurance doesn't cover. Our policies typically provide payments for the first and second time you're diagnosed with a covered illness.

Plus, specified disease insurance is portable and payments are made directly to you.

You will receive these benefits if you meet the conditions listed in the policy.



Critical costs

John is hospitalized after a heart attack, and has to cover the cost of five days as an inpatient.

Average heart attack hospitalization expense: **\$53,000**

Average Major Medical deductible: **\$1,500**

Major Medical covers 80% of the cost after the deductible is met, but John's still responsible for 20%: **\$10,300**.

Total out-of-pocket amount for John (deductible + coinsurance): **\$11,800**.

John has a **\$10,000** Guardian Specified Disease policy, which covers the majority of these out-of-pocket expenses.

This example is for illustrative purposes only. Your plan's coverage may vary. See your plan's information on the following pages for specific amounts and details.



Your specified disease coverage

SPECIFIED DISEASE		
Benefit Amount(s)	Employee may choose a lump sum benefit of \$15,000 to \$30,000 in \$15,000 increments.	
CONDITIONS		
Cancer	1st OCCURRENCE	2nd OCCURRENCE
Invasive Cancer	100%	100%
Carcinoma In Situ	30%	0%
Benign Brain Tumor	75%	0%
Skin Cancer	\$250 per lifetime	Not Covered
Vascular		
Heart Attack	100%	100%
Stroke	100%	100%
Heart Failure	100%	100%
Coronary Arteriosclerosis	30%	0%
Other		
Organ Failure	100%	100%
Kidney Failure	100%	100%
Spouse Benefit	May choose a lump sum benefit of \$7,500 to \$15,000 in \$7,500 increments up to 50% of the employee's lump sum benefit.	
Child Benefit- children age Birth to 26 years	50% of employee's lump sum benefit	
Guarantee Issue: The ‘guarantee’ means you are not required to answer health questions to qualify for coverage up to and including the specified amount, when you sign up for coverage during the initial enrollment period or the annual open enrollment period.	We Guarantee Issue up to: \$30,000 For a spouse: \$15,000 For a child: All Amounts Health questions are required if the elected amount exceeds the Guarantee Issue.	
Pre-Existing Condition Limitation: A pre-existing condition includes any condition for which you, in the specified time period prior to coverage in this plan, consulted with a physician, received treatment, or took prescribed drugs.	Not Applicable	
WELLNESS BENEFIT		
Employee Per Year Limit	\$100	
Spouse Per Year Limit	\$100	
Child Per Year Limit	\$100	



Your specified disease coverage

Condition Definitions

- Heart Failure: An insured must be placed on an organ transplant list in order to be eligible for the Heart failure benefits.
- Coronary Arteriosclerosis: Coronary Arteriosclerosis must be severe enough to require a coronary artery bypass graft.
- Coronary Arteriosclerosis: Coronary Arteriosclerosis referred to as [Coronary Heart Disease].
- Organ Failure: Organ failure includes both lungs, liver, pancreas or bone marrow and requires the insured to be placed on an organ transplant list.
- Kidney Failure: An insured must be placed on an organ transplant list in order to be eligible for the Kidney failure benefits.

Specified Disease Cost Illustration

To determine the most appropriate level of coverage, you should consider your current basic monthly expenses and expected financial needs during a Specified Disease.

Spouse coverage premium is based on Employee age

Child cost is included with employee election.

	Semi-monthly Premiums Displayed					
	Election Cost Per Age Bracket					
	< 30	30-39	40-49	50-59	60-69	70+
Employee						
\$15,000	\$2.03	\$4.50	\$9.45	\$18.23	\$30.15	\$46.05
\$30,000	\$4.05	\$9.00	\$18.90	\$36.45	\$60.30	\$92.10
Benefit Amount Up To 50% of Employee Amount to a Maximum of \$15,000						
Spouse						
\$7,500	\$1.02	\$2.25	\$4.73	\$9.12	\$15.08	\$23.03
\$15,000	\$2.03	\$4.50	\$9.45	\$18.23	\$30.15	\$46.05

EXCLUSIONS AND LIMITATIONS

A SUMMARY OF PLAN LIMITATIONS AND EXCLUSIONS FOR SPECIFIED DISEASE:

We will not pay benefits for the First Occurrence of a Specified Disease if it occurs less than 3 months after the First Occurrence of a related Specified Disease for which this Plan paid benefits. By related we mean either: (a) both Specified Diseases are contained within the Cancer Related Conditions category; or (b) both Specified Diseases are contained within the Vascular Conditions category. We will not pay benefits for a Second occurrence (recurrence) of a Specified Disease unless the Covered Person has not exhibited symptoms or received care or treatment for that Specified Disease for at least 12 months in a row prior to the recurrence. For purposes of this exclusion, care or treatment does not include: (1) preventive medications in the absence of disease; and (2) routine scheduled follow-up visits to a Doctor.

We do not pay benefits for claims relating to a covered person: taking part in any war or act of war (including service in the armed forces) committing a felony or taking part in any riot or other civil disorder or intentionally injuring themselves or attempting suicide while sane or insane.

Employees must be legally working in the United States in order to be eligible for coverage. Underwriting must approve coverage for employees on temporary assignment: (a) exceeding 1 year; or (b) in an area under travel warning by the

US Department of State, subject to state specific variations.

Guardian's Specified Disease plan does not provide comprehensive medical coverage. It is a basic or limited benefit and is not intended to cover all medical expenses. It does not provide "basic hospital," "basic medical," or "medical" insurance as defined by the New York State Insurance Department.

Health questions are required on late enrollees. This coverage will not be effective until approved by a Guardian underwriter.

This policy will not pay for a diagnosis of a listed critical illness that is made before the insured's Critical Illness effective date with Guardian.

The policy has exclusions and limitations that may impact the eligibility for or entitlement to benefits under each covered condition. See your certificate booklet for a full listing of exclusions & limitations..

If Specified Disease insurance premium is paid for on a pre tax basis, the benefit may be taxable. Please contact your tax or legal advisor regarding the tax treatment of your policy benefits..

Contract # GP-1-CI-14

Guardian's Specified Disease Insurance is underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. This policy provides limited benefits health insurance only. It does not provide basic hospital, basic medical or major medical insurance as defined by the New York State Department of Financial Services.
Policy Form # GP-1-LAH-12R; GP-1-CI-14



Accident insurance

Accidents happen. With accident insurance, you can help them hurt a bit less.

Accident insurance is an extra layer of protection that gives you a cash payment to help cover out-of-pocket expenses when you suffer an unexpected, qualifying accident.

Who is it for?

Nobody can predict when an accident might happen. That's why accident insurance is an important add-on policy for people who want to supplement the health and disability insurance coverage they already have individually or through an employer.

What does it cover?

Accident Insurance pays you lump sum of benefits after you suffer an accident. This could be more than 40 different circumstances, including: emergency treatment, ambulance, burns, dislocations, fractures, hospital confinement, and surgery.

Why should I consider it?

Health coverage may become more expensive, with higher co-pays, premiums, and deductibles. Accident insurance can be a simple, affordable way to help supplement and cover additional expenses your health and disability insurance may not cover, including x-rays, ambulance services, deductibles, and even things like rent or groceries.

Plus, accident insurance is portable and payments are made directly to you.

You will receive these benefits if you meet the conditions listed in the policy.



Added support during recovery

Amanda breaks her leg falling off her bike and needs emergency treatment.

Average non-surgical broken leg treatment expense: **\$2,500**

Average Major Medical deductible: **\$1,500**

Major Medical covers 80% of the surgical cost after the deductible is met, but Amanda's still responsible for 20%: **\$200**

Total out-of-pocket amount for Amanda (deductible + coinsurance): **\$1,700**

Amanda's Guardian Accident policy pays her a benefit of **\$1,700**, which covers all of her out-of-pocket expenses.

This example is for illustrative purposes only. Your plan's coverage may vary. See your plan's information on the following pages for specific amounts and details.



Your accident coverage

ACCIDENT		
COVERAGE - DETAILS	Option 1: Value	Option 2: Premier
Your Semi-monthly premium	\$3.01	\$4.88
You and Spouse	\$4.52	\$7.68
You and Child(ren)	\$4.76	\$7.85
You, Spouse and Child(ren)	\$6.26	\$10.65
Accident Coverage Type	On and Off Job	On and Off Job
Portability - Allows you to take your Accident coverage with you if you terminate employment.	Included	Included
ACCIDENTAL DEATH AND DISMEMBERMENT		
Benefit Amount(s)	Employee \$25,000 Spouse \$5,000 Child \$5,000	Employee \$25,000 Spouse \$25,000 Child \$5,000
Catastrophic Loss	Quadriplegia, Loss of speech & hearing (both ears), Loss of Cognitive function: 100% of AD&D Hemiplegia & Paraplegia: 50% of AD&D	Quadriplegia, Loss of speech & hearing (both ears), Loss of Cognitive function: 100% of AD&D Hemiplegia & Paraplegia: 50% of AD&D
Common Carrier	200% of AD&D benefit	200% of AD&D benefit
Common Disaster	200% of Spouse AD&D benefit	200% of Spouse AD&D benefit
Dismemberment - Hand, Foot, Sight	Single: 50% of AD&D benefit Multiple: 100% of AD&D benefit	Single: 50% of AD&D benefit Multiple: 100% of AD&D benefit
Dismemberment - Thumb/Index Finger Same Hand, Four Fingers Same Hand, All Toes Same Foot	25% of AD&D benefit	25% of AD&D benefit
Seatbelts and Airbags	Seatbelts: \$10,000 & Airbags: \$15,000	Seatbelts: \$10,000 & Airbags: \$15,000
Reasonable Accommodation to Home or Vehicle	\$2,500	\$2,500
Child(ren) Age Limits	Children age birth to 26 years	Children age birth to 26 years
FEATURES		
Air Ambulance	\$750	\$1,500
Ambulance	\$150	\$300
Blood/Plasma/Platelets	\$300	\$300
Burns (2nd Degree/3rd Degree)	9 sq inches To 18 sq inches: \$0/\$2,000 18 sq inches To 35 sq inches: \$1,000/\$4,000 Over 35 sq inches: \$3,000/\$12,000	9 sq inches To 18 sq inches: \$0/\$2,000 18 sq inches To 35 sq inches: \$1,000/\$4,000 Over 35 sq inches: \$3,000/\$12,000
Burns - Skin Graft	50% of burn benefit	50% of burn benefit
Chiropractic Visits	\$25/visit, up to 6 visits	\$50/visit, up to 6 visits
Coma	\$7,500	\$12,500



Your accident coverage

FEATURES (Cont.)	Option 1: Value	Option 2: Premier
Concussions	\$100	\$300
Diagnostic Exam (Major)	\$100	\$150
Dislocations	Schedule up to \$3,000	Schedule up to \$8,000
Doctor Follow-Up Visits	\$50, up to 6 treatments	\$75, up to 6 treatments
Emergency Dental Work	\$200/Crown, \$50/Extraction	\$400/Crown, \$100/Extraction
Emergency Room Treatment	\$150	\$250
Epidural Anesthesia Pain Management	\$100, 2 times per accident	\$100, 2 times per accident
Eye Injury	\$200	\$300
Family Care—Benefit is payable for each child attending a Child Care center while the insured is confined to a hospital, ICU or Alternate Care or Rehabilitative facility due to injuries sustained in a covered accident.	\$20/day, up to 30 days	\$30/day, up to 30 days
Fractures	Schedule up to \$3,000	Schedule up to \$8,000
Hospital Admission	\$500	\$1,000
Hospital Confinement	\$165/day - up to 1 year	\$165/day - up to 1 year
Hospital ICU Admission	\$1,000	\$2,000
Hospital ICU Confinement	\$165/day - up to 15 days	\$165/day - up to 15 days
Initial Dr. Office/Urgent Care Facility Treatment	\$25	\$75
Joint Replacement (Hip/Knee/Shoulder)	\$1,500/\$750/\$750	\$3,500/\$1,750/\$1,750
Knee Cartilage	\$250	\$750
Laceration	Schedule up to \$300	Schedule up to \$500
Lodging - The hospital stay must be more than 50 miles from the insured's residence.	\$100/day, up to 30 days for companion hotel stay	\$150/day, up to 30 days for companion hotel stay
Medical Appliance—Wheelchair, motorized scooter, leg or back brace, cane, crutches, walker, walking boot that extends above the ankle or brace for the neck.	Schedule up to \$400	Schedule up to \$600
Outpatient Therapies	\$25/day, up to 10 days	\$50/day, up to 10 days
Prosthetic Device/Artificial Limb	1: \$250 2 or more: \$500	1: \$1,000 2 or more: \$2,000
Rehabilitation Unit Confinement	\$50/day, up to 15 days	\$150/day, up to 15 days
Ruptured Disc With Surgical Repair	\$250	\$750
Surgery (Cranial, Open Abdominal, Thoracic, Hernia) Max	Schedule up to \$1,000 Hernia: \$200	Schedule up to \$1,500 Hernia: \$300
Surgery (Exploratory or Arthroscopic)	\$300	\$450
Tendon/Ligament/Rotator Cuff	1: \$250 2 or more: \$500	1: \$750 2 or more: \$1,500
Transportation - Benefit is paid if you have to travel more than 50 miles one way to receive special treatment at a hospital or facility due to a covered accident.	\$0.50 per mile, limited to \$400/round trip, up to 3 times per accident	\$0.50 per mile, limited to \$600/round trip, up to 3 times per accident
Traumatic Brain Injury — A nondegenerative, noncongenital Injury to the brain from an external nonbiological force, requiring Hospital Confinement for 48 hours or more and resulting in a permanent neurological deficit with significant loss of muscle function and persistent clinical symptoms.	\$3,000	\$5,000



Your accident coverage

FEATURES (Cont.)	Option 1: Value	Option 2: Premier
X - Ray	\$30	\$50

UNDERSTANDING YOUR BENEFITS:

- **Common Carrier** – Benefit is paid if an insured's death occurs due to an accident while riding as a fare-paying passenger in a public conveyance. If this is paid, we do not pay the Accidental Death benefit.
- **Common Disaster** – Benefit is paid if both you & your spouse die in a covered accident or separate covered accidents within the same 24 hour period.
- **Reasonable Accommodation** – Benefit is payable if a modification is required to an insured's place of residence or vehicle due to an Accidental Dismemberment or Catastrophic loss.
- **Emergency Room Treatment** – Benefit is paid only when an insured is examined or treated within 72 hours of a covered accident.

LIMITATIONS AND EXCLUSIONS:

A SUMMARY OF ACCIDENT LIMITATIONS AND EXCLUSIONS:

Employees must be working in the United States in order to be eligible for coverage. Underwriting must approve coverage for employees on temporary assignment: (a) exceeding 1 year; or (b) in an area under travel warning by the US Department of State, subject to state specific variations.

This proposal summarizes the major features of the Guardian Accident benefit plan. It is not intended to be a complete representation of the proposed plan. For full plan features, including exclusions and limitations, please refer to your Policy.

This proposal is hedged subject to satisfactory financial evaluation.

We don't pay benefits for any Injury caused by or related to directly or indirectly: Sickness, disease, mental infirmity or medical or surgical treatment; the covered person being legally intoxicated; declared or undeclared war, act of war, or armed aggression; service in the armed forces, National Guard, or military reserves of any state or country; taking part in a riot or civil disorder; commission of, or attempt to commit a felony; intentionally self-inflicted Injury, while sane or insane; suicide or attempted suicide, while sane or insane; travel or flight in any kind of aircraft, including any aircraft owned by or for the

policyholder, except as a fare-paying passenger on a common carrier; participation in any kind of sporting activity for compensation or profit, including coaching or officiating; riding in or driving any motor-driven vehicle in a race, stunt show or speed test; participation in hang gliding, bungee jumping, sail gliding, parasailing, parakiting, ballooning, parachuting, zorbing or skydiving; an accident that occurred before the covered person is covered by this plan; injuries to a dependent child received during birth; voluntary use of any poison, chemical, prescription or non-prescription drug or controlled substance unless: (1) it was prescribed for a covered person by a doctor, and (2) it was used as prescribed. In the case of a non-prescription drug, this Plan does not pay for any Accident resulting from or contributed to by use in a manner inconsistent with package instructions. "Controlled substance" means anything called a controlled substance in Title II of the Comprehensive Drug Abuse Prevention and Control Act of 1970, as amended from time to time. Job related or on the job injuries for the employee are excluded if Accident coverage is off job only.

Contract # GP-I-ACC-18

If Accident insurance premium is paid for on a pre tax basis, the benefit may be taxable. Please contact your tax or legal advisor regarding the tax treatment of your policy benefits.

Guardian's Accident Insurance is underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. This policy provides Accident insurance only. It does not provide basic hospital, basic medical or major medical insurance as defined by the New York State Department of Financial Services.

IMPORTANT NOTICE – THIS POLICY DOES NOT PROVIDE COVERAGE FOR SICKNESS.

Policy Form # GP-1-AC-BEN-12, et al., GP-1-LAH-12R; GP-1-ACC-18



Hospital indemnity insurance

Hospital indemnity insurance can cover some of the cost associated with a hospital stay, letting you focus on recovery.

Being hospitalized for illness or injury can happen to anyone, at any time. While medical insurance may cover hospital bills, it may not cover all the costs associated with a hospital stay. That's where hospital indemnity coverage can help.

Who is it for?

Hospital indemnity insurance is for people who need help covering the costs associated with a hospital stay if they suddenly become sick or injured.

What does it cover?

If you are admitted to a hospital for a covered sickness or injury, you'll receive payments that can be used to cover all sorts of costs, including:

- Deductibles and co-pays.
- Travel to and from the hospital for treatment.
- Childcare service assistance while recovering.

Why should I consider it?

Health coverage is becoming more expensive, with higher co-pays, premiums, and deductibles. Hospital indemnity insurance can help pay for out-of-pocket costs associated with being hospitalized, giving you more of a financial safety net for unplanned expenses brought on by a hospital stay.

Plus, hospital indemnity insurance is portable and payments are made directly to you – even if you didn't incur any out-of-pocket expenses.

You will receive these benefits if you meet the conditions listed in the policy.



Be prepared

John is hospitalized after a heart attack, and has to cover the cost of five days as an inpatient.

Average heart attack hospitalization expense: **\$53,000**

Average Major Medical deductible: **\$1,500**

Major Medical covers 80% of the cost after the deductible is met, but John's still responsible for 20%: **\$10,300**.

Total out-of-pocket amount for John (deductible + coinsurance): **\$11,800**.

John's Guardian Hospital Indemnity policy pays him **\$1,000** for hospital admission.

The policy gives him a total payment of **\$1,000** to help cover the out-of-pocket amount.

This example is for illustrative purposes only. Your plan's coverage may vary. See your plan's information on the following pages for specific amounts and details.



Your hospital indemnity coverage

Hospital Indemnity		
	Option 1	Option 2
Coverage Details		
Your Semi-monthly premium	\$4.83	\$9.06
You and Spouse	\$8.89	\$16.64
You and Child(ren)	\$7.34	\$13.72
You, Spouse and Child(ren)	\$11.40	\$21.31
Benefits		
Hospital/ICU Admission	\$500 per admission, limited to 1 admission(s) per insured.	\$1,000 per admission, limited to 1 admission(s) per insured.
Hospital/ICU Confinement	\$100/\$100 per day, limited to 15 day(s) per insured per benefit year.	\$165/\$165 per day, limited to 15 day(s) per insured per benefit year.
Pre-Existing Conditions Limitation - A pre-existing condition includes any condition for which you, in the specified time period prior to coverage in this plan, consulted with a physician, received treatment, or took prescribed drugs.	Not Applicable	Not Applicable
Child(ren) Age Limits	Children age birth to 26 years	Children age birth to 26 years

UNDERSTANDING YOUR BENEFITS – HOSPITAL INDEMNITY

Hospital Admission & Hospital ICU Admission benefits are not payable on the same day.

Premium will be waived if you are hospitalized for more than 30 days.

Hospital admission or confinement benefits are not payable for a newborn unless the child is admitted to the Neonatal ICU.

Hospital/ICU confinement benefits are not payable on the same day as Hospital/ICU admission benefit.

After initial enrollment, Hospital Indemnity coverage will continue as long as an insured is actively at work.



Your hospital indemnity coverage

LIMITATIONS AND EXCLUSIONS:

In order to be eligible for coverage: Employees must be legally working: (a) in the United States or (b) outside the United States, for a US based employer, in a country or region approved by Guardian.

An applicant must enroll within 31 days of the coverage effective date. An open enrollment will occur each year during a 30 day time period specified by the policyholder. If an applicant does not enroll during their initial enrollment period, he/she may not enroll until the next open enrollment period.

This Plan will not pay benefits for:

- Treatment relating to a covered person: taking part in any war or act of war (including service in the armed forces), commission of or attempt to commit a felony, an act of terrorism, or participating in an illegal occupation, riot or insurrection.

- Suicide or any intentionally self-inflicted injury

Elective surgery;

Surgery to correct vision or hearing, unless medically necessary surgery for glaucoma, cataracts or other sickness or injury;

Dental care, dental xrays, or dental treatment;

Gastric or intestinal bypass services including lap banding, gastric stapling, and other similar procedures to facilitate weight loss; the reversal, or revision of such procedures; or services required for the treatment of complications from such procedures. This exclusion does not apply to completion of a weight reduction program that may be payable under the Health Screening benefit ;

Rest cures or custodial care, or treatment of sleep disorders;

Cosmetic surgery. This Exclusion does not apply to reconstructive surgery:

(a) on an injured part of the body following infection or disease of the involved part;

(b) of a congenital disease or anomaly of a covered dependent newborn or adopted infant; or

(c) on a nondiseased breast to restore and achieve symmetry between two breasts following a covered Mastectomy;

Treatment or removal of warts, moles, boils, skin blemishes or birthmarks, bunions, acne, corns, calluses, the cutting and trimming of toenails, care for flat feet, fallen arches or chronic foot strain;

Service, treatment or loss related to alcoholism or drug addiction, except for drugs prescribed by the Covered Person's Doctor and taken as prescribed;

Care or treatment for mental or nervous disorders;

Services, treatment or loss rendered in any Veterans Administration or Federal Hospital, except if there is a legal obligation to pay;

Services or treatment Provided by a Doctor, Nurse or any other person who is employed or retained by a Covered Person or who is a Covered Person's Spouse, parent, brother, sister, child, Domestic Partner or partner in a civil union.

Surgery and treatment, procedures, products or services that are experimental or investigative.

Treatment of a Covered Dependent Child's Children;

Sickness or Injury sustained while on active duty in the armed forces of any country. This does not include Reserve or National Guard duty for training.

GP-1-HI-15

Guardian Hospital Indemnity Insurance is underwritten by The Guardian Life Insurance Company of America, New York, NY and will not be effective until approved by a Guardian underwriter. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. This policy provides limited hospital insurance only. It does not provide basic medical or major medical insurance as defined by the New York State Department of Financial Services.
Policy Form # GP-1-HI-15, GP-1-LAH-12R

Electronic Evidence of Insurability (EOI)

Our online EOI forms are an easier, quicker alternative to traditional paper forms, helping you get covered when you need to provide additional information.

There are a few situations where you need to answer health questions, enroll for higher amounts of coverage, or request coverage after the initial eligibility period. In all of these situations, our online EOI form keeps things simple.

Electronic EOI keeps things simple

With Guardian's electronic EOI forms, your data is kept secure at every stage of the process. And with fewer errors than hand-written forms, and faster submission digitally, it's easier than ever to complete it and get covered.

Electronic EOI can be used for*:

- Basic life
- Voluntary life
- Short term disability
- Long term disability



How it works

You will receive a letter or email from your employer or Guardian with instructions and a unique link to submit your EOI form online.

First register and create an account on Guardian Anytime. Then simply fill out the form, electronically sign it, and click 'Submit.'

Once we receive the form, we'll contact you with any questions, before notifying you (and your employer if the coverage amount changes).

*Applicable to coverage requiring full Evidence of Insurability (not applicable to conditional issue amounts). Electronic EOI is available using most internet browsers.

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2023-158794 (07/25)

Employee Assistance Program

We all need a little support every now and then.

Guardian's Employee Assistance Program gives you and your family members access to confidential personal support, across everything from stress management and nutrition to handling legal or financial issues.

The services available include consultations with experienced professionals, as well as access to resources and discounts designed to help you in a variety of different ways.

How it can help



Consultative services are available to provide direct support and assistance



Work/life assistance that can help you save money and balance commitments



Access legal and financial assistance and resources – including WillPrep Services

This service is only available if you purchase qualifying lines of coverage. See your plan administrator for more details.

Legal/financial assistance and resources services are not available in the state of New York.

The Employee Assistance Program is a suite of services solely created and offered by Integrated Behavioral Health, Inc. (IBH), doing business as Uprise Health. Guardian is not responsible or liable for care or advice given by any provider or any service offering within the Employee Assistance Program. This information is for informational purposes only. It is not a contract. Only the plan service agreement can provide the actual terms, services, limitations and exclusions. Guardian and IBH reserve the right to discontinue the Employee Assistance Program at any time without notice. Legal services provided through the Employee Assistance Program will not be provided in connection with or preparation for any action against Guardian, IBH, or your employer. The Employee Assistance Program, or any individual service offering within the Program, is not an insurance benefit and may not be available in all states.



How to access



Visit

worklife.uprisehealth.com



Access Code

worklife



Call

1 800 386 7055

24 hour crisis help available.
Regular office hours:
Monday-Friday 6am-5pm PST.

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Our commitment to you

Please read the documentation referenced below carefully. The notices are intended to provide you important information about our insurance offerings and to protect your interests. Certain ones are required by law.

Important information



NY Medical Verification Form

Form questioning if enrollees for Accident and/or Specified Disease coverage have medical insurance at the effective date and/or renewal date.

Visit <https://www.guardiananytime.com/notice54> to read more.

Notice Informing Individuals about Nondiscrimination and Accessibility Requirements

Guardian notice stating that it complies with applicable Federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, sex, or actual or perceived gender identity. The notice provides contact information for filing a nondiscrimination grievance. It also provides contact information for access to free aids and services by disabled people to assist in communications with Guardian.

Visit <https://www.guardiananytime.com/notice48> to read more.

No Cost Language Services

Guardian provides language assistance in multiple languages for members who have limited English proficiency.

Visit <https://www.guardiananytime.com/notice46> to read more.

Dental insurance



Guardian's HIPAA Notice of Privacy Practices

The notice describes how health information about you may be used and disclosed and how you can access this information.

Visit <https://www.guardiananytime.com/notice50> to read more.

Specified disease insurance



Outline of Coverage

A short explanation of benefits, coverage, exclusions and premiums that is given to an applicant for insurance in requisite states. It serves only as a brief summary and does not include all the information the policy contract does, and is not part of the contract.

Visit <https://www.guardiananytime.com/notice31> to read more.



Our commitment to you

Please read the documentation referenced below carefully. The notices are intended to provide you important information about our insurance offerings and to protect your interests. Certain ones are required by law.

Disability insurance



Disability Offset Notice

Offsets are provisions in your disability coverage that allow the insurer to deduct from your regular benefit other types of income you receive or are eligible to receive from other sources due to your disability.

Visit <https://www.guardiananytime.com/notice51> to read more.

Hospital indemnity insurance



Outline of Coverage

A short explanation of benefits, coverage, exclusions and premiums that is given to an applicant for insurance in requisite states. It serves only as a brief summary and does not include all the information the policy contract does, and is not part of the contract.

Visit <https://www.guardiananytime.com/notice40> to read more.